



University of
BRISTOL



Norah Fry Research Centre

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Dear colleague

We are writing to let you know about an exciting new research project, which is just starting. The research is being conducted by a partnership between Bristol Crisis Service for Women and the Norah Fry Research Centre at the University of Bristol. The research is funded by the Big Lottery, and has full NHS Research Ethics Approval.

The purpose of the research is three-fold:

- To find out more about the experiences of people with learning difficulties who self-injure, and their carers/supporters
- To explore in what ways they have been supported by the services and professionals with whom they are involved
- To identify ideas, and then produce resources, for training and policy development, which would enable them to get the positive support they need in this area.

We would love to hear from you if you:

- Would like your contact details to be kept by the research team, who will then send you regular updates about the progress of the study
- Know of any people with learning difficulties who self-injure, living in or near Bristol, who might like to work with us as Advisors to the project
- Know of any people with learning difficulties who self-injure who we could interview about their experiences. There are no distance limitations on this – we are covering England, Wales, Scotland and N. Ireland!

There is a reply slip attached to this letter which you could use to get in touch with us.

Finally, we'd be grateful if you could let other people know about the project and pass our information on to anyone who might be interested.

With many thanks
Yours sincerely

Dr Pauline Heslop and Fiona Macaulay

Self-injury and people with learning difficulties

My name is

(Please tick as appropriate)

- I would like my contact details to be kept by the research team, and be sent regular updates about the progress of the study

- I know of a person with learning difficulties who self-injures who might like to work as an Advisor to the project. The project team will contact you to discuss the best way to approach this person

- I know of a person with learning difficulties who self-injures who might be willing to be 'interviewed' about their experiences. The project team will contact you to discuss the best way to approach this person. NB. We take a very broad view about what an 'interview' might consist of and a person does not necessarily need to be able to communicate verbally for this.

My address is

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My phone number is.....

My email address is

The best way/time to contact me is.....

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Please return to: Pauline Heslop and Fiona Macaulay,
Norah Fry Research Centre, University of Bristol, 3 Priory Road, Bristol, BS8 1TX.

Thank-you!